MI DEH YAH

All songs written and composed by Clinton Fearon
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1. Life Is A Journey

You don't have to be afraid come close my brother ooh ooh Life is a journey journey
You don't have to be afraid come close my sister ooh ooh ooh
Life is a journey journey

I have got a song the story of my life
I am gonna sing this song and I hope that you will understand
I was born a little baby I was told that
I was born a fighter
I have been used and bruised I have been pushed around
I was born a survivor

I was taken from my life source No mammy's kiss no daddy's hug, still it could be worse Loneliness was my friend forgive I oh mighty one For being too hard on myself about things I didn't know

Life is a journey we can't forsake Life is a journey make no mistake Life is a journey we all got to take Life is a journey oh yes

The future and past will never be the same
I am free at last and I am not ashamed
Tearful days and sleepless I've known quite well
I was born a fighter
Broken heart and emptiness I've known as well
I was born a survivor

Bitter sweet memories while I' moving with the living I've got so much work to do my soul is willing I'm not angry anymore forgive oh jah jah For being too hard on myself about things I didn't know

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2. A Rock And A Hard Place

Comin' from the country with my little guitar I find myself between a rock and a hard place Comin' from the country comin' from a far I find myself between a rock and a hard place

I give and I give I give my sweat my tears and I want to know why such a rock and a hard place I give and I give I give my heart my soul and I want to know why such a rock and a hard place

Hey hey I want to know Why such a rock and a hard place Hey yes I want to know Why such a rock and a hard place

What about my blood my daily bread What's for my pay between a rock and a hard place One thing I know for sure soon I'll be out of the red and Then I'll be no more between a rock and a hard place

Just like a fisherman that get caught out a deep When storm deh pon sea between a rock and a hard place Feelin' like a fish a fish out of water I find myself between a rock and a hard place

Hey hey I want to know Why such a rock and a hard place Hey yes I want to know Why such a rock and a hard place

3. De Casa

Um lar longe de casa tudo bem Sao Paulo Um lar longe de casa tudo bem Brasilia Um lar longe de casa tudo bem Bahia Um lar longe de casa tudo bem Belem

Wake up in the morning to the heat of the day
The weather's so nice words can not say
Coconut water sweet sugarcane
No need to complain I said I tell you already I'll tell you again

Um lar longe de casa tudo bem Salvador Um lar longe de casa tudo bem more and more Um lar longe de casa tudo bem hey Um lar longe de casa tudo bem so good

Samba salsa roots rock reggae in every town
Samba dancehall blues rock reggae mo time to wear a frown
While I'm counting counting my blessings count dem one by one oi
Yes I'm counting counting my blessings one by one
Brasil
It's my home away from hom tudo bem
Home away from home tudo Bem Brasil
It's my home away from home tudo bem I'm coming
Home away from home oi
Um lar longe de casa tudo bem
Home away from home

4. Mi Deh Yah

Mi deh yah pon de rock a watch dem a watch mi Mi deh yah pon de rock a watch dem a chat mi Mi deh yah pon de rock a plan dem attack while Mi deh yah pon de rock but mi no batha sweat dat

Cause mi say a little prayer
Say a little prayer in the morning
Mi say a little prayer
Say a little prayer in the evening
Mi say a little prayer
Say a little prayer
Say a little prayer with good feeling
Them mi light up mi faya
Keep it burning burning bright

Who god bless no one shall curse Life is rough but I know I'm not the worse Tougher yet when the enemy is low

But I will rise again tomorrow

Mi deh yah pon de rock a watch dem a watch mi Mi deh yah pon de rock a watch dem a chat mi Mi deh yah pon de rock a plan dem attack while Mi deh yah pon de rock but mi no batha waich dat

Instead mi show dem a little love
Show dem a little love in the morning
Mi show dem a little love
Show dem a little love in the evening
Mi show dem a little kindness
Show dem a little kindness with good feeling
Then mi light up mi faya
Keep it burning through the night

Who god bless no one shall curse

5. What A World

What a world we are living in What a world the little morning dove sing What a world we are living here What a crazy world where did it all begin

What a world we are living in What a world the little morning dove sing What a world we are living here What a crazy world where did it all begin

Food water and clean air
So much has been taken away
Cats and dogs the birds and the bees have lost their wild
So much has been taken away

It hurts to remember the past and the lives that were taken The half the half has never been told We go pon we knee an' we beg an' we plea Until we're all so shaken See our blood runs cold

They don't want to see us all unite Working hard all day all through the night Doing what we know to be right We will get nowhere without a fight

What a world we are living in

What a world the little morning dove sing What a world we are living here What a crazy world where did it all begin

What a world what a world
What a world the little morning dove sing
What a world what a world
What a crazy world where did it all begin
I wonna know

7. Better Days

Mi seh fi jump and shout iyah come mek wi Jump and shout iyah better days are coming And it's just around the bend

How much more must they take us How much more must they break us With their false pretense all they want is More money more money

How much more must they use us How much more must they abuse us With their false pretense all they want is More power more power

I'm gonna live my life to the fullest I'm gonna do my best cause Better days are coming this I know Yes I'm gonna live my life to the fullest No matter what the crisis is Better days are coming this I know I'm gonna do my best

8. The Best

Aim at the sky and you'll flying high
Your best is the best
Nothing beats a try but a harder try
Your best is the best
Don't lose your passion and you will get far
Your best is the best
Going by bus by feet or by car
Your best is the best

Everyone has their own identity Everyone has their own velocity Everyone has their own capacity hey This is my philosophy

No one can do more

No one can do more

No one at all

No one can do more

No one can do more

No one can do more

No one at all

No one can do more oh no oh no

A pound of lead is not heavier than a pound of feather The person next door is either a sister or a brother Seeking your attention direction satisfaction Where are you please don't leave us alone

Aim at the sky and you'll flying high Your best is the best Nothing beats a try but a harder try Your best is the best Don't lose your passion and you will get far Your best is the best Going by bus by feet or by car Your best is the best

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Going by bus by feet or by car Your best is the best

9. Are You Ready

Come come come through the door
Why won't you come come come to the dancefloor
Come come come get your share
Why won't you come come come come close come near

The you'll realize
How much we've lost along the way
Don't be surprised
When you end up having a good time

Children are you ready to follow your heart
Brother sister are you ready to find where you belong
Children are you ready to follow your heart
Brother sister are you ready come come come on in hoo hoo oo

Come come come say you can't go wrong
Why won't you come come come it's the same old song
Come come come cause together we're strong
Why won't you come come come let's all dance as one yes

Then you'll realize

How much we've lost along the way

Don't be surprised

When you end up having a good time

Children are you ready to follow your heart
Brother sister are you ready don't wait too long
Children are you ready to follow your heart
Brother sister are you ready come come from within hoo hoo oo

Are you ready to follow your heart
Brother sister are you ready to sing your song
Children are you ready to follow your heart
Brother sister are you ready
Come come come on in hoo
Come groove come boogie down children

10. Jamaica

Congratulation Jamaica you're always in the mix

Always in the mix
Congratulation Jamaica surviving all dem tricks
An' we know how dem get dem kicks
Congratulation Jamaica you're always in the mix
Always in the mix
Congratulation Jamaica survival is a mus'
But we no know who fi trus'

Brother Jonathan turn politician Little Benji scared off the Vatican Him say we no wan no more conman

Anti Jumimah a cook dumplin' an' rundown Jenny ponny caana a sell bubblegum Cause dem pickney affi nyan

Congratulation Jamaica you're always in the mix Always in the mix
Congratulation Jamaica surviving all dem tricks An' we know how dem get dem kicks
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Mas leaderman sell out de country Finance minister runaway whid de money An' we know say they don't care a damn

Little by little we a go a school More an' more we a learn of dem rules Cause we nah we nah go down

Congratulation Jamaica you're always in the mix Always in the mix
Congratulation Jamaica surviving all dem tricks An' we know how dem get dem kicks
Congratulation Jamaica you're always in the mix
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11. Tell The World

Take a look around my friend
Tell I what the hell is going on
Up and down highways and byways

And all over town

We don't want to lose control As if we really had it in the first place Black or white this problem is always Around

With nothing we came With nothing we go The less we blame The more we know

Take another look at ourselves
We can't even control our own lives
Write about it in the next textbook
Tell the world we found freedom
Oh yes
Tell the world tell the world tell the world

One good lesson I've learnt from water Is to go with the flow Tell the world again and again

With nothing we came With nothing we go The less we blame The more we grow

Take another look at ourselves
We can't even control our own lives
Write about it in the next textbook
Tell the world we found freedom
Oh yes
Tell the world tell the world tell the world

12. John Jones

John Jones never ever want to work hey Everyday bling bling
John Jones never ever want to work hey Very very cunning
John Jones never ever want to work hey Everyday the same thing
John Jones never ever want to work hey You've got to have a earning sir

Come out of your slumber

Take charge of your thunder
Come out and do something now
Before it's too late
Your chances are getting thinner
Turn another chapter
Get out and do something now
Before it's too late

Oh my brother beware
Don't be your worst enemy
Don't get caught in the hype
And win the fools grammy
By the sweat of your brow
You'll get your daily bread
Some day some way some how
You've got to conquer your fears now

Come out of your slumber
Take charge of your thunder
Come out and do something now
Before it's too late
Your chances are getting thinner
Turn another chapter
Get out and do something now
Before it's too late

John Jones never ever want to work hey Everyday bling bling John Jones never ever want to work hey Very very cunning John Jones never ever want to work hey Everyday the same thing John Jones never ever want to work hey You've got to have a earning sir

13. Feeling Blue

What do you do when you are feeling blue And down and out in any way How do you do when you are feeling blue And down and out in any way

Do yu hang down your head and cry for mercy saying Have mercy oh dear lord Or do you stand firm and embrace today and tomorrow While you say have mercy oh dear lord

Everyone's got a heart And every heart's got a right to beat State your claim know your destiny Talk is cheap it's dead without works

Everyone's got mind every minds a right to think Read the signs find your harmony And when you do happiness will be yours

What do you do when you are feeling blue And down and out in any way How do you do when you are feeling blue And down and out in any way

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14. Working For The Man

I and I and I a feel the pinch
Another day in the grind working for the man
Till night come again
I and I and I a feel the clinch
Another day in the grind working for the man
Till night come again
I and I and I a feel the strain
Another day in the grind working for the man
Till night come again
I and I and I a see the game
Another day in the grind working for the man

Till night come again

Hey don't worry about a thing Among all the things you do Remember to do your own thing I wont worry about a thing Cause I will always sing Draw lose or win

When love takes over
Some will be running for cover
Running always from shame and pride
When justice take over
More will be running for cover
But there will be no place to hide

The higher the peak
A the more it expose
Do you do you know what I mean
The longer the road
The tougher the walk
Do you really know what I mean

I and I and I a feel the pinch
Another day in the grind working for the man
Till night come again
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Another day in the grind working for the man
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Another day in the grind working for the man
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