

BOOGIE BROWN PRODUCTIONS

HEART AND SOUL

All songs written and composed by Clinton Fearon

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Produced by Clinton Fearon.

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1. Follow The Rainbow

I'll follow the rain, the rain the rain the rain the rainbow rainbow
Follow the rainbow
And follow the rain the rain the rain the rain the rainbow rainbow
Follow the rainbow

There's a pot of gold at the end of the rainbow
Broad is the way to elsewhere
Narrow is the way to our equal share
The road may be rugged an stiff
But I I won't let go
Oh no no no no no no no no no no

What is for Peter cannot be for Paul
What is for James cannot be for John
What is for Harry cannot be for Tom
What is for Marcus cannot be for Rufus

Want you to know
What is for I cannot be for another man

So I'll follow the rain the rain the rain of the rainbow rainbow
Follow the rainbow
I'll follow the rain the rain the rain oh yes the rainbow rainbow
Follow the rainbow

There's a pot of gold, at the end of the rainbow
Broad is the way to elsewhere
Narrow is the way to our equal share
The road may be rugged an stiff
But I I won't let go
Oh no no no no no no no no no no

What is for Peter cannot, be for Paul,

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What is for James cannot be for John
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What is for Rufus cannot be for Marcus

Want you to know
What is for I cannot be for another man

So I'll follow the rain the rain the rain of the rainbow rainbow
Follow the rainbow
I'll follow the rain the rain the rain the rain oh yes the rainbow
Follow the rainbow

2. One Love

One love hear the children singing
One love they are singing in the background
One love hear the children shouting
One love they are shouting in the background

Where is equal rights and justice
It's nowhere to be found it's nowhere to be found
If you got it in your bosom your bosom
Check it out check it out
So that we all can be can be redeem

One love hear the children singing
One love they are singing in the background
One love hear the children shouting
One love they are shouting in the background

Where love as gone no one can tell
It's nowhere to be found it's nowhere to be found
If you got it in your bosom your bosom
Check it out check it out
So that we all can be can be redeem

Love's got no beginning love's got no end
Love does not demand its own way
Why can't we live as one
It's hard for a man to kick his feet against the prick

3. Marvel Not

Marvel not oh yeah children
Marvel not there will be freedom

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Marvel not cause all love ones will be free
But hear what the hypocrites have done
Traps and snares they have set before us
That when we fall we may never rise
But our messiah will set us free now now
Iniquity full the city yah
The people's minds are filled with envy
They rob and kill to achieve vanity
And forget the love of humanity I say

Many brothers are going the wrong way
Many sisters are going the wrong way
But I'm praying continually that they'll realize
They are going the wrong way and take heed

Marvel not I say ye children
Marvel not I say 'cause nothing is new
Marvel not I say so it was is the beginning
Marvel not I say so shall it be at the end

4. Backyard Meditation

Yeah yeah yeah
Now
Me and my woman sitting in the backyard
Observing creation penetrating creation
Tell you that the moon shine so bright
And the stars keeps twinkling in her eyes
Tell you that the moon shine so bright
And the stars keeps twinkling in her eyes

So I foresight foresight holy, holy Mount Zion
Yes I foresight foresight holy, holy Mount Zion
It's a-beautiful I wanna reach there I tell you

Gather the gather the sheep that gone astray
I want you gather the gather the sheep that gone astray
We want to ride on the same boat

So I foresight foresight holy holy Mount Zion
Yes I foresight foresight holy holy Mount Zion
It's a beautiful I wanna reach there I tell you

Gather the gather the sheep that gone astray
I want you gather the gather the sheep that gone astray
We want to ride on the same boat

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Gather the gather the sheep that gone astray
Don't wanna leave you behind
Gather the gather the sheep that gone astray
We want to ride on the same boat
Gather the gather the sheep that gone astray
Yeah yeah yeah

5. Let Jah Be Praised

Let Jah be praised morning times evening times
Every minute of the day every time yeah

Let Jah be praised don't hold back don't hold back
Don't stay there and big chat you better watch that
Come over right now

Let Jah be praised what's that on your mind
See you carrying a heavy heavy load
Throw it away now away now away

One two you better pull your screw
Four five let's keep Jah alive
Seven eight creation is great so
Don't be too late with sweet harmony yeah
Let Jah be praised
Now listen to Jah music

Remember I'm not a preacher man
Remember I'm not a teacher man
I'm only singing you my song oh yeah oh yeah
Don't want Jah glory goes to waste oh no so

Let Jah be praised morning times evening times
Every minute of the day every time yeah

Let Jah be praised don't hold back don't hold back
Don't stay there and big chat you better watch that
Come over right now

Let Jah be praised what's that on your mind
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Let Jah be praised

Hear the choir sing sweet harmony
Sing it out children sweet harmony

6. Stop Before You Go

Stop before you go right now
You'll get hurt and that's for sure
Look before you leap I say
To prevent is better than have it to cure
Open your eyes and see mmm
Observantly you will understand
So easy will you go ah ah ah
Can't you see what's going on

Way over yonder where the geese gander
Running to and fro thinking they are fitter fit
They never stop to look but soon they'll fall in a bottomless pit
I'm referring to mankind yeah

Stop before you go right now
You'll get hurt and that's for sure
Look before you leap I say
To prevent is better than have it to cure

Measure twice and cut once
By doing so you can't go wrong
It's better to be locked away in a cave
Than to be an oppressor's slave
They work you down to the grave
They'll give you a 6 for a 9
Watch your step I say mankind

Stop before you go, right now
You'll get hurt and that's for sure
Look before you leap I say
To prevent is better than have it to cure

7. On The Other Side

Over on the other side of the mountain
There is that fountain I've been searching for
Searching for so long so long
That's where righteousness will always flow

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Togetherness will always grow
So we no want no pickpocket over there
I say you can't run no rocket over there oh no

Say your hands and your heart got to be clean
To reach the other side of the mountain yeah yeah yeah
Say your hands and your heart got to be clean
To reach the other side of the mountain yeah yeah yeah

I and I shall be
Like sounding brass and tingling cymbals
With gifts of mysteries to remove mountains
Oh yeah oh yeah hey

I and I shall be
Like sounding brass and tingling cymbals
With gifts of mysteries to remove mountains
Oh yeah oh yeah hey

Music flowers and children will be there
That's where everyone shall get an equal share
So we no want no warmongers over there
No gossip no traitor will be there oh no

Say your hands and your heart got to be clean
To reach the other side of the mountain yeah yeah yeah
Say your hands and your heart got to be clean
To reach the other side of the mountain yeah yeah yeah

8. Chatty Chatty Mouth

Hey mister chatty mouth

Chatty chatty mouth
You want to know your culture
Chatty chatty mouth
You want to know your culture

Your boss is a warrior
Chatty mouth you are a traitor
You both belittle humble
Also fight against the meek oh yes

But I and I and I by the power of Jah I
We shall overcome one fine day

Chatty chatty mouth

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Be wise and know your culture
Chatty chatty mouth
Be wise and know your culture

Your boss shall be lost
And you chatty mouth you'll get blow
Remember Jah say
The humble and the meek they shall prevail oh yes

You mister chatty mouth
You'll get a blow
If you won't hear

So I and I and I by the power of Jah I
We shall overcome one fine day

Chatty chatty mouth
Be wise and know your culture
Chatty chatty mouth
Be wise and know your culture

You and your boss shall be lost
If you won't hear
You'll will get a blow hey

You shall be weighed in the balance
And found wanting
And then you running to Jah saying
It isn't I who have done so and so
But Jah shall say
Depart from I I know you not
Won't you hear me

Chatty chatty mouth
Be wise and know your culture
Chatty chatty mouth
Be wise and know your culture

9. Streets Of Freedom

Too long too long too long too long too long
Too long too long too long too long too long

Hey! I say loneliness for my company
Tears for my coffee sorrows for my bread
Thickets and thorns for my bed too but

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I know we gonna walk hey
The streets of freedom yes
I know we gonna walk the streets of freedom
But when will it be when will it be when will it be when will it be

Too long too long too long too long too long
Too long too long too long too long too long

I know we gonna walk hey
The streets of freedom yes
I know we gonna walk the streets of freedom
But when will it be when will it be when will it be when will it be

Way over yonder the flowers of happiness
Blooming so slow blooming slow but sure yes

I know we gonna walk hey
The streets of freedom yes
I know we gonna walk the streets of freedom
But when will it be when will it be when will it be when will it be

You hypocrites back sliders oh

A wa dem a go do when the tables turn
A wa dem a go do when we hold the handle
And then them hold the blade
When will it be when will it be when will it be when will it be

Too long too long too long too long too long

10. Untrue Girl

You told me you love me
You told me you care
Now I know it was a lie
You told me you want me girl
You told me you need me
Now I know it was a lie
You told me you love me
And you'll be my one an' only
Now you left me and gone
Thinking I can't go on
You are untrue so untrue yeah

Now you come running back
With tears in your eyes
When you see I've made the grade

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But I won't take you back
No I won't take you back
Oh no no no
No I won't take you back
No more into my life
No I won't take you back
'Cause you just can't be my wife
You are untrue so untrue

11. Tribulation

Vocals – Bass – Guitar (lead, rhythm and pluck) – Percussion (wooden shaker and egg shaker).

One evening Coxson gave us a couple of riddims. I took one and wrote Tribulation the same evening. We went to Studio One the next day and recorded the vocals.

Step right back step right back
Tribulation where are you going
Step right back step right back
Frustration where are you going

Can't you see there's no room for you oh
Tribulation oh tribulation
Can't you see there is no room for you oh
Frustration you better turn back
Step right back now

12. Can You Imagine How I Feel

Hey na na na na
Can you imagine how I feel

All day all night workin' to earn my honest bread
But all that I achieved is sourness, bitterness and pain
Have been treated like a buffoon morning noon and night
But when the table turn I'll be alright

Violence won't win the fight
So with faith I've got to hold on tight
Hold on and never let go

With my shoulder to the wheel
Hurting pains I've got to squeal
Can you imagine how I feel

Uttering sounds I heard from my Master
Hold on tight and never let go
Wait until the day of harvest

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Exploiters shall be at the devil's ches'
They shall be like dogs to get vomit
Then I and I shall be fit a fit
In my hip there'll be a whippin' stick
To chase the devil and his host yeah yeah

Hey na na na na
Can you imagine how I feel

Uttering sounds I heard from my Master
Hold on tight and never let go
Wait until the day of harvest
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With my shoulder to the wheel
Hurting pains I've got got to squeal
Can you imagine how I feel

Hey na na na na Can you imagine how I feel
More questions than answers

13. Richman Poorman

The rich man poor man beggar man thief
Everyone claim that them are the chief
The rich man buy the poor man's life
The poor man take away the beggar man's wife

Don't cry my brothers
Don't cry my sisters
Tears won't change the situation
It's just a form a form of reaction

If you step on fire fire burn you

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Play with puppy puppy lick your mouth
Stand up strong you got to know where you belong
Say the weak ones now will soon become strong

Hey everything will soon be okay
As soon as the war is over
Jah children will be free to come over
Singing and dancing ready to take over
Have some faith have a little faith

Hey everything will soon be okay
As soon as the war is over
Jah children will be free to come over
Singing and dancing ready to take over
Have some faith have a little faith

The rich man poor man beggar man thief
Everyone claim that them are the chief
The rich man buy the poor man's life
The poor man take away the beggar man's wife

Don't cry my brothers
Don't cry my sisters
Tears won't change the situation
It's just a form a form of reaction

Tell you if you step on fire fire burn you
Play with puppy puppy lick your mouth
Stand up strong you got to know where you belong
Say the weak ones now will soon become strong

Don't cry don't cry don't cry don't cry
Don't shed no tears my brothers
Don't cry don't cry don't cry don't cry don't shed no tears
Oh my little sisters

14. Jah Almighty

Na na na na

Jah Almighty
Give us a heart
Jah Almighty
Give us a heart
Give us a heart full of righteousness
That our days may be long upon this land

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That when the fullness of all righteousness
Be proclaimed throughout all the earth
We will not discount from our fathers love
No we wouldn't want

Jah Almighty
Give us a heart
Jah Almighty oh yeah
Give us a heart full of righteousness

15. Merrily

Merrily merrily I'm rowing my boat
Gently wo oh oh gently upon the waters
I said I'm riding away from destruction down here
Moving away from tribulation
I'm riding away from starvation
Moving away from corruption

My cup is full and running over
See dem hazards they are threat to my life
Oh I can't take them no more
So I've got to move I surely got to move

Tell you that I can hear the sound of the trumpet
See them heathen a now them a fret
I can hear them bawling for mercy but too late too late mercy gone so

Tell you that I can hear the sound of the trumpet
See them heathen a now them a fret
I can hear them bawling for mercy but too late too late mercy gone

Merrily merrily I'm rowing my boat
Gently wo oh oh gently upon the waters
I said I'm riding away from destruction down here
Moving away from tribulation
I'm riding away from starvation
Moving away from corruption

16. I'm Not Crying

I'm not crying
I'm not crying
I'm not crying

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I'll soon be on my feet again

I've been accused abused and locked away
I'm feeling those pains even until this day
But event so I won't go astray astray
'Cause I'll be sitting at my Master's side

I'm not crying
I'm not crying
I'm not crying

I'll soon be on my feet again

Oh Blessed Savior hold my hand
Show I the way and let I stand
Lucifer is strong but he won't catch me he won't catch me
'Cause I'll be sitting at my Master's side

I'm not crying
I'm not crying
I'm not crying